



July 2018

25 Commons Way, Kalispell
Phone (406) 756-1422
Web <http://mountainvalleyfoods.com>

Endangered Species
Chocolate Bar
(selected varieties)

2/\$5

3 oz



Santa Cruz Organic
Organic Lemonade
(selected varieties)

2/\$5

32 oz



Annie's Homegrown
Organic Graham
Crackers

\$3⁷⁹

14.4 oz



Harmless Harvest
Organic Harmless
Coconut Water

\$4²⁹

16 oz



Alden's Organic
Organic Ice Cream
(selected varieties)

\$6⁹⁹

48 oz



Beanfields
Bean Chips

\$2⁶⁹

5.5 oz



REBBL
Organic Elixir

\$3²⁹

12 oz



So Delicious
Organic
Coconut Milk

\$3⁴⁹

64 oz



Alexia
Organic Fries
(selected varieties)

\$2⁷⁹

15-16 oz



Sunshine Burgers
Organic Burgers
(selected varieties)

\$4²⁹

3/2.67 oz



Did you know...

The tallest sandcastle ever made was constructed in Virginia Key Beach, Miami, FL, on October 27, 2015. It was 13.97 m (45 ft 10.25 in) tall, according to the Guinness World Records.

Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of July.

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LATE JULY SNACKS

CHIPS THE
WHOLE FAMILY
WILL ENJOY!



Late July
Organic Restaurant
Style Tortilla Chips

2/\$6

10-11 oz



Nancy's
Organic Cottage
Cheese

\$4⁷⁹
16 oz



Napa Valley Naturals
Organic Extra Virgin
Olive Oil

\$10⁴⁹
25.4 oz



Once Again Nut Butter
Organic Tahini

\$6⁹⁹
16 oz



Westbrae
Organic Beans
(selected varieties)

2/\$4

15 oz



Tasty Bite
Indian Entrée

\$2⁶⁹
10 oz



Organic Valley
Organic Ricotta Cheese

\$5⁷⁹
15 oz



Field Roast
Sausage

\$4²⁹
12.95 oz



Annie's Homegrown
Organic
Mac & Cheese
(selected varieties)

2/\$5

6 oz



Muir Glen
Organic Pasta Sauce
(selected varieties)

2/\$6

25.5 oz



Montebello
Organic Artisan
Pasta

\$3¹⁹
1 lb



Applegate
 Organic Uncured Beef
 Hot Dogs

\$6⁹⁹
 14 oz



Hope
 Organic Hummus
 (selected varieties)

2/\$7
 8 oz



Rudi's Organic Bakery
 Organic 100%
 Whole Wheat
 Bread
\$3⁹⁹
 22 oz



Tofurky
 Sausage
 (selected varieties)

\$3⁹⁹
 14 oz



Woodstock
 Organic
 Sweet Relish

\$4⁶⁹
 16 oz



Organicville
 Organic
 Sriracha Sauce

\$5⁹⁹
 18.5 oz



Beyond Meat
 Beast Burger

\$4⁴⁹
 8 oz



Annie's Naturals
 Organic Ketchup

\$2⁵⁹
 24 oz



Jackson's Honest
 Chips
 (selected varieties)

2/\$6
 5-5.5 oz



Spectrum
 Organic Extra Virgin
 Mediterranean
 Olive Oil
\$11⁹⁹
 1 lt



Kettle
 Potato Chips
 (selected varieties)

2/\$5
 5 oz



Way Better Snacks
 Tortilla Chips

2/\$5
 5.5 oz



Bare Snacks
Organic Apple
Chips

\$4²⁹
3 oz



KIND
Nuts & Spices Bar

2/\$3

1.4 oz



GT's
Organic Enlightened
Kombucha

\$6²⁹
48 oz



EPIC
Meat Bar

2/\$5

1.3-1.5 oz



Bragg
Organic
Salad Dressing
(selected varieties)

\$4⁷⁹

12 oz



KeVita
Organic Master
Brew Kombucha

2/\$5

15.2 oz



Go Veggie
Vegan Grated
Parmesan Style
Topping

\$3²⁹

4 oz



Annie's Naturals
Organic Dressing
(selected varieties)

2/\$6

8 oz



Zevia
Zero Calorie Soda

\$4²⁹

6/12 oz



Barbara's
Cheese Puffs

\$2²⁹

5.5-7 oz



R.W. Knudsen
Organic Just
Tart Cherry Juice

\$6⁴⁹

32 oz



Tazo
Bottled Iced Tea
(selected varieties)

4/\$5

13.8 oz



Garden of Eatin'
Blue Corn
Tortilla Chips

\$3⁹⁹

16 oz



Angie's
BoomChickaPop
Popcorn
(selected varieties)

\$2⁵⁹

4.5-7 oz



Lundberg Family Farms
Organic
Thin Stackers

2/\$5

5.9 oz





Green Valley Organics
Organic Lowfat Kefir

\$4⁹⁹
32 oz



Sambazon
Organic Açaí
Superfruit Packs

\$5⁴⁹
4/100 g



Happy Baby
Organic Clearly
Crafted Baby Food
(selected varieties)
\$1⁷⁹
4 oz



Redwood Hill Farm
Goat Milk
Yogurt

\$5⁹⁹
32 oz



Lakewood
Organic
Pure Beet Juice

\$5⁴⁹
32 oz



Chameleon Cold-Brew
Organic Coffee
(selected varieties)

2/\$6
10 oz



Organic Valley
Organic Cream Cheese

\$3²⁹
8 oz



Wallaby Organic
Organic Aussie
Smooth Yogurt

99¢
6 oz



C2O
Coconut Water
\$1⁷⁹
17.5 oz



Chocolove
Chocolate Bar

2/\$5
3.2 oz



Theo
Organic
Chocolate Bar
(selected varieties)

2/\$5
3 oz



**CONQUER
THIRST
NATURALLY**

Not all coconut waters are created equal.
Fresh from inland coconut groves of
Thailand, C2O Pure Coconut Water fuses a
unique, full-flavor profile with all of the
naturally occurring electrolytes sweet
mother nature has to offer.

find out more at:

drinkc2o.com



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Health-Ade
 Organic Kombucha

2/\$6

16 oz



Larabar
 Fruit & Nut Bar
 (selected varieties)

4/\$5

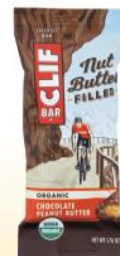
1.7 oz



Clif Bar
 Organic Nut
 Butter Filled Bar

3/\$4

1.76 oz



Guayaki
 Organic Sparkling
 Yerba Mate

2/\$4

12 oz



San Pellegrino
 Sparkling Water

\$1⁷⁹

750 ml



RXBAR
 Protein Bar
 (selected varieties)

2/\$4

1.83 oz



GoodBelly
 JuiceDrink
 (selected varieties)

\$3²⁹

32 oz



Vega
 Sport Performance
 Protein

\$38⁹⁹

28.3-29.5 oz



The Ginger People
 Gin Gins®
 Ginger Candy
 (selected varieties)

2/\$4

3 oz



Orgain
 Organic Vegan
 Shake

\$2⁴⁹

11 oz



New Chapter
 Zyflamend™
 Whole Body

\$27⁹⁹

60 cap



MegaFood
 Turmeric Strength
 for Whole Body

\$20⁹⁹

60 tab



Amazing Grass
 Green SuperFood
 Original

\$21⁹⁹

8.5 oz



NeoCell
 Super Collagen

\$12⁹⁹

7 oz



Gaia Herbs
 Golden Milk

\$13⁹⁹

3.7 oz

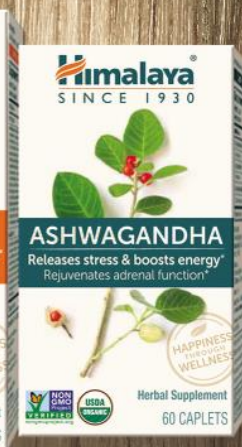
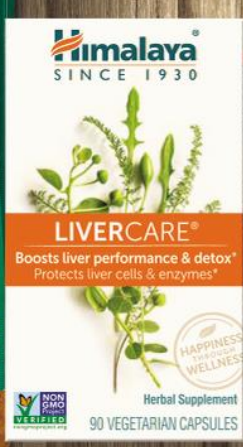
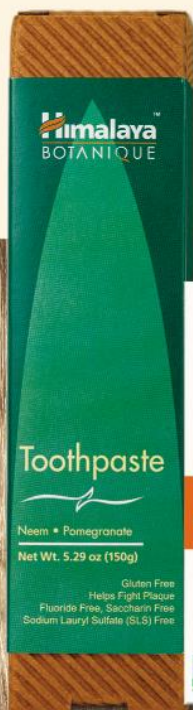


Himalaya
SINCE 1930



MAKING the WORLD well ONE PERSON at a time

Since 1930, Himalaya has crafted herbal supplements believing your wellness begins from the ground up. Himalaya's herbs and formulas provides solutions for stress, energy, and digestion, products for a sharp mind and clean body, products to rejuvenate and support women. Himalaya offers clinically-studied answers, bringing you wellness from seed to self.



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, CURE, OR PREVENT ANY DISEASE.

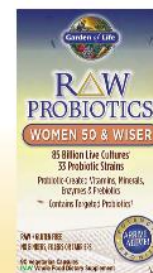
Himalaya
Organic
Ashwagandha

\$14⁹⁹
60 cap



Garden of Life
RAW Probiotics
Women 50 &
Wiser

\$38⁹⁹
90 tab



Natural Factors
Stress Relax® Tranquil
Sleep Chewable

\$22⁹⁹
60 tab



Mineral Fusion
Volumizing Mascara

\$12⁹⁹
.57 oz



Andalou Naturals
Facial Mask

\$3⁹⁹
.6 oz



Boiron
Arnica Gel

\$5⁴⁹
1.5 oz



Schmidt's
Natural
Deodorant Stick
(selected varieties)

\$7⁴⁹
3.25 oz



ECOS
ECOS Laundry
Detergent
(selected varieties)

\$10⁴⁹
100 oz



Giovanni
2chic Ultra-Sleek
Shampoo

\$6⁴⁹
8.5 oz

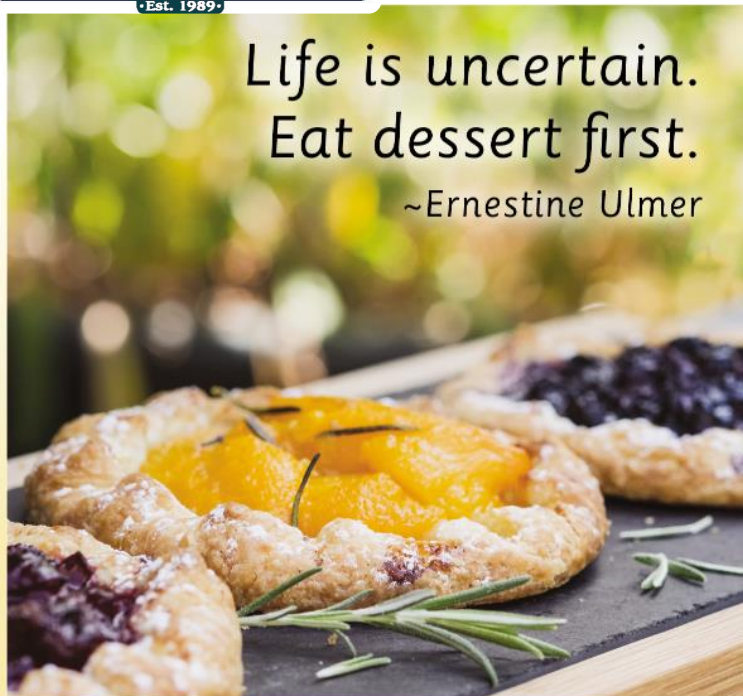


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Life is uncertain.
 Eat dessert first.

~Ernestine Ulmer



Independent Choice™ specials are available at members of the Independent Natural Food Retailers Association store locations:

ALASKA

Natural Pantry
 3680 Barrow St, Anchorage

Rainbow Foods
 224 4th St, Juneau

IDAHO

Pilgrim's Market
 1316 N 4th St, Coeur d' Alene

**Wealth of Health
 Natural Market**
 120 S Woodruff Ave,
 Idaho Falls

**Winter Ridge
 Natural Foods Market**
 703 W Lake St, Sandpoint

MONTANA

2J's Fresh Market
 105 Smelter Ave NE,
 Great Falls

Camas Organic Market
 300 Main St, Hot Springs

Good Food Store
 1600 S 3rd St W, Missoula

Heaven's Peak Organics
 355 Hwy 93 N, Eureka

Hennessy Market
 32 E Granite St, Butte

**Mission Mountain
 Natural Foods**
 319 Main St, Polson

Mountain Valley Foods

25 Commons Way, Kalispell

Real Food Market & Deli
 1096 Helena Ave, Helena

Third Street Market
 244 Spokane Ave, Whitefish

OREGON

LifeSource Natural Foods
 2649 Commercial St SE, Salem

Nature's Pantry Natural Foods
 1907 4th St, La Grande

Oregon Natural Market
 373 SW 1st St, Ontario

Sundance Natural Foods
 748 E 24th Ave, Eugene

WASHINGTON

Bear Foods Natural Market
 125 E Woodin Ave, Chelan

Blossom Grocery
 295 Village Rd, Lopez Island

Farm Fresh Market
 2010 Black Lake Blvd SW,
 Olympia

Meyers Falls Market
 160 E 3rd St, Kettle Falls

Rocket Market
 726 E 43rd, Spokane

The Woolley Market
 829 Metcalf St, Sedro-Woolley

WYOMING

Good Health Market
 1821 S Sheridan Ave, Sheridan