



April 2018

25 Commons Way, Kalispell
Phone (406) 756-1422
Web <http://mountainvalleyfoods.com>

Lakewood

Organic Pure Pineapple Juice

\$5⁹⁹

32 oz



Sambazon

Organic Açaí Superfruit Packs
(selected varieties)

\$5⁴⁹

4/100 g



KeVita

Organic Sparkling
Probiotic Drink

2/\$5

15.2 oz



Julie's Organic
Organic Ice Cream
Sandwiches

\$5⁴⁹

6 ct



Mary's Gone Crackers
Organic Super Seed
Crackers

\$3⁹⁹

5.5 oz



Organic India

Organic Tulsi Tea
(selected varieties)

\$3⁹⁹

18 ct



So Delicious
Organic
Coconut Milk

\$3²⁹

64 oz



Kettle
Organic
Potato Chips

2/\$5

5 oz



R.W. Knudsen
Organic
Tomato Juice

\$2⁹⁹

32 oz



Organic Valley
Organic
Shredded Cheese

\$3⁹⁹

6 oz



Did you know...

Each year, more than 1 billion people participate in Earth Day activities globally, making it the largest civic observance in the world.

Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of April.

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Amy's
Burrito
(selected varieties)

\$2⁵⁹
6 oz



Bubbies
Kosher
Dill Pickles

\$6²⁹
33 oz



Organicville
Organic Ketchup

\$3⁸⁹
24 oz



Lightlife
Organic Tempeh

\$2⁶⁹
8 oz



Organic Valley
Organic Ghee

\$6⁷⁹
7.5 oz



Earth Balance
Vegan Buttery Spread

\$3⁷⁹
15 oz



Field Roast
Vegan Chao Slices

\$4⁴⁹
7 oz



Tasty Bite
Indian Entrée

\$2⁶⁹
10 oz



Blake's
Entrée
(selected varieties)

\$4⁴⁹
8 oz



Go Veggie
Vegan Grated Parmesan
Style Topping

\$3²⁹
4 oz



Pacific
Organic Soup
(selected varieties)

\$3¹⁹
17.6 oz



Lucini Italia
Tomato Sauce
(selected varieties)

\$7²⁹
25.5 oz



Food Should Taste Good
Tortilla Chips

2/\$4
5.5 oz



Beanitos
Bean Chips

\$2⁴⁹
6 oz



Garden of Eatin'
Red Hot Blues

\$2⁷⁹
8.1 oz



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Endangered Species
Chocolate Bar

\$2²⁹
3 oz



Green Valley Organics
Organic Lowfat Kefir

\$4⁹⁹
32 oz



So Delicious
CoconutMilk Yogurt

\$5⁴⁹
24 oz.



SunSpire
Organic Chocolate Chips
(selected varieties)

\$4⁶⁹
9 oz



Brown Cow
Whole Milk
Yogurt

2/\$6
32 oz



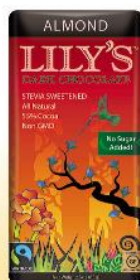
Califia Farms
Almondmilk
(selected varieties)

\$3⁹⁹
48 oz



Lily's Sweets
Chocolate Bar

\$3²⁹
3 oz



Santa Cruz Organic
Organic
Peanut Butter

\$4⁹⁹
16 oz



Wallaby
Organic Aussie
Greek Yogurt

\$5⁹⁹
32 oz



Barbara's
Puffins Cereal
(selected varieties)

\$3⁷⁹
11 oz



Justin's
Squeeze Packs
(selected varieties)

4/\$5
1.15 oz



Santa Cruz Organic
Organic Apple Sauce

\$3⁷⁹
6/4 oz



Peace Cereal
Cereal
(selected varieties)

\$3⁶⁹
11 oz



Nature's Path
Organic Cereal
Eco Pac
(selected varieties)

\$7⁴⁹
32 oz



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EPIC

Simple, honest protein that's responsibly-sourced and regeneratively-raised.

Nourish your body, preserve our planet.

EPICBAR.COM

EPIC
Meat Bar



\$2²⁹
1.3 oz

KIND
Nuts & Spices Bar
(selected varieties)



2/\$3
1.4 oz

Health-Ade
Organic Kombucha



2/\$6
16 oz

Essentia
Alkaline Water



99¢
20 oz

RXBAR
Protein Bar



2/\$4
1.83 oz

Halo Top Creamery
Ice Cream



\$4⁴⁹
1 pt

Tazo
Bottled Iced Tea



\$1¹⁹
13.8 oz

ProBar
Base 20g Protein Bar



\$2²⁹
2.46 oz

Angie's
BoomChickaPop
Popcorn
(selected varieties)



\$2⁵⁹
4.8 oz

Back To Nature
Cookie
(selected varieties)



\$4¹⁹
6.4 oz

Clif Bar
Organic Nut Butter
Filled Bar



2/\$3
1.76 oz

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Organic Valley
Organic Half & Half

\$2⁹⁹
16 oz



VOSS
Artesian
Sparkling Water

3/\$4
375 ml



Eternal
Naturally
Alkaline Water

2/\$3
1 lt



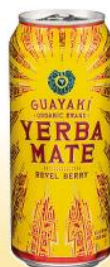
Yogi
Tea

2/\$7
16 ct



Guayaki
Organic
Yerba Mate

\$2²⁹
15.5 oz



Orgain
Organic Vegan
Protein Shake

\$2⁴⁹
11 oz



yogi

Yogi Celebrates Earth Day

At Yogi it's not just about creating deliciously purposeful teas. With every ingredient we source, and every cup of tea we make, we strive to support quality, sustainability and social responsibility on a local, national and global level.

Feel Good. Be Good. Do Good.



Learn about our efforts to do good
at yogiproductions.com/doing-good

Navitas
Organic
Cacao Powder

\$6⁹⁹
8 oz



Vega
Organic Vega One
All-In-One Shake

\$52⁹⁹
24.3 oz



Reserveage Nutrition
Collagen Replenish Powder

\$15⁹⁹
60 ct



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Garden of Life
Raw Organic
Protein Powder

\$32⁹⁹
22 oz



Rainbow Light
Women's One
Multivitamin

\$25⁹⁹
90 ct



New Chapter
Turmeric Force™

\$22⁹⁹
60 cap



Natural Vitality
Natural Calm
Plus Calcium

\$18⁹⁹
8 oz



MegaFood
Women Over 40™
One Daily

\$29⁹⁹
60 tab



Gaia Herbs
Turmeric Supreme
Extra Strength

\$17⁹⁹
60 cap



Bluebonnet Nutrition
Liquid Calcium
Magnesium Citrate

\$9⁹⁹
16 oz



Vibrant Health
Green Vibrance

\$38⁹⁹
12.8 oz



Amazing Grass
Organic
Wheat Grass

\$17⁹⁹
8.5 oz



Carlson
Lemon
Cod Liver Oil

\$32⁹⁹
16.8 oz



Natural Factors
Organic
Oil of Oregano

\$15⁹⁹
1 oz



Farm Family Roots

For over three generations, we've organically grow the most nutrient-dense greens on our family farm in Kansas and craft them with the highest quality, plant-based ingredients curated from like-minded farmers around the world.



Amazing Grass®



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Jarrow Formulas
Bone-Up

\$17⁹⁹
240 cap



Boiron
Arnicare Gel

\$10⁷⁹
2.6 oz



Biokleen
Oxygen
Bleach Plus

\$4⁹⁹
2 lb



Hyland's
Restful Legs

\$8⁷⁹
50 tab



Nordic Naturals
Ultimate Omega 2X Minis

\$27⁹⁹
60 ct



ECOS
Laundry Detergent
(selected varieties)

\$10⁴⁹
100 oz



Herbs Etc.
Deep Sleep®

\$17⁹⁹
60 sgel



Andalou Naturals
Age Defying Shampoo
& Conditioner

\$7²⁹
11.5 oz



Seventh Generation
Dish Liquid

\$3²⁹
25 oz



ACURE
Brilliantly Brightening
Day Cream

\$12⁴⁹
1.7 oz



Giovanni
Smooth As Silk Shampoo
& Conditioner

\$6⁴⁹
8.5 oz



Dr. Bronner's
Pure-Castile
Liquid Soap

\$11⁷⁹
32 oz



Tom's of Maine
Kids Toothpaste

\$3⁹⁹
4.2 oz



JASON
Toothpaste
(selected varieties)

\$3⁴⁹
6.0 oz



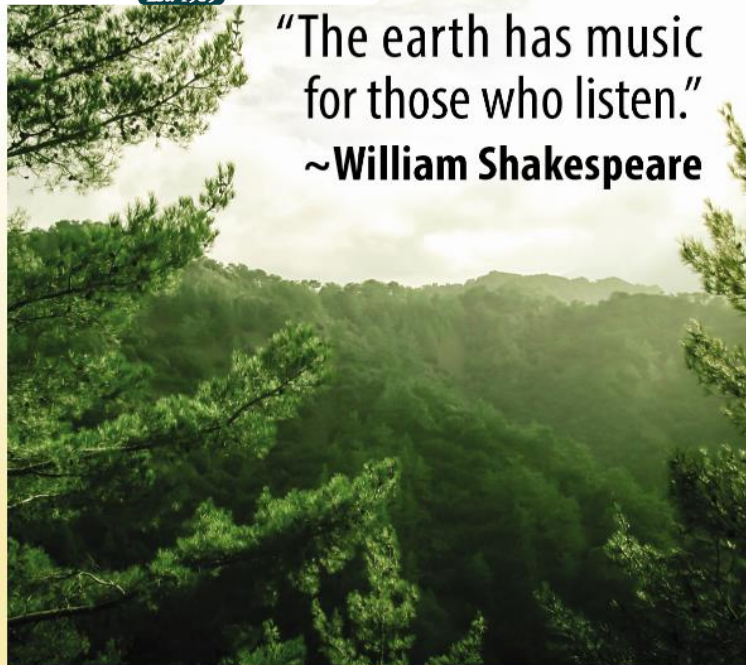
Preserve
Triple
Razor System

\$5⁹⁹
1 ct



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"The earth has music
 for those who listen."
 ~William Shakespeare



Independent Choice™ specials are available at members of the Independent Natural Food Retailers Association store locations:

ALASKA

Natural Pantry
 3680 Barrow St, Anchorage

Rainbow Foods
 224 4th St, Juneau

IDAHO

Pilgrim's Market
 1316 N 4th St, Coeur d' Alene

Wealth of Health Natural Market
 120 S Woodruff Ave, Idaho Falls

Winter Ridge Natural Foods Market
 703 W Lake St, Sandpoint

MONTANA

2J's Fresh Market
 105 Smelter Ave NE, Great Falls

Camas Organic Market
 300 Main St, Hot Springs

Good Food Store
 1600 S 3rd St W, Missoula

Heaven's Peak Organics
 355 Hwy 93 N, Eureka

Hennessy Market
 32 E Granite St, Butte

Mission Mountain Natural Foods
 319 Main St, Polson

Mountain Valley Foods
 25 Commons Way, Kalispell

Real Food Market & Deli
 1096 Helena Ave, Helena

Third Street Market
 244 Spokane Ave, Whitefish

OREGON
LifeSource Natural Foods
 2649 Commercial St SE, Salem

Nature's Pantry Natural Foods
 1907 4th St, La Grande

Oregon Natural Market
 373 SW 1st St, Ontario

Sundance Natural Foods
 748 E 24th Ave, Eugene

WASHINGTON
Bear Foods Natural Market
 125 E Woodin Ave, Chelan

Blossom Grocery
 295 Village Rd, Lopez Island

Farm Fresh Market
 2010 Black Lake Blvd SW, Olympia

Meyers Falls Market
 160 E 3rd St, Kettle Falls

Rocket Market
 726 E 43rd, Spokane

The Woolley Market
 829 Metcalf St, Sedro-Woolley

WYOMING
Good Health Market
 1821 S Sheridan Ave, Sheridan