



August 2017

25 Commons Way, Kalispell  
Phone (406) 756-1422  
Web <http://mountainvalleyfoods.com>

Late July  
Organic Mini Bite Size  
Sandwich Crackers

**\$3<sup>19</sup>**

5 oz



Rudi's Bakery  
Organic Whole  
Wheat Bread

**\$3<sup>99</sup>**

22 oz



Annie's Homegrown  
Organic  
Fruit Snacks

**2/\$6**

4 oz



One Degree Organics  
Organic  
Sprouted  
Cereal

**\$3<sup>99</sup>**

8-12 oz



Silk  
AlmondMilk

**\$3<sup>89</sup>**

64 oz



Peeled Snacks  
Organic  
Peas Please

**\$2<sup>19</sup>**

3.3 oz



GT's  
Organic  
Enlightened  
Synergy

**\$2<sup>69</sup>**

16 oz



Organic Valley  
Organic  
Half & Half

**2/\$4**

16 oz



Lundberg Family Farms  
Rice Chips

**2/\$5**

6 oz



Harmless Harvest  
Organic Harmless  
Coconut Water

**\$4<sup>29</sup>**

16 oz



**Did you know...**

Kermit the Frog received an Honorary Doctorate of Amphibious Letters on May 19, 1996, from Southampton College, New York. He also gave the commencement speech.



**SANTA CRUZ**  
 organic



We believe nature itself is the truest form of art, and our goal is to infuse the beauty of nature's process into everything we do ... from harvest to the bottle on your table.

**Santa Cruz Organic** currently offers more than 50 organic items available nationwide. It's who we are. It's what we do. And more importantly, it's what we love.



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 NON-GMO PROJECT IS A REGISTERED TRADEMARK OF THE NON-GMO PROJECT, INC.

Santa Cruz Organic  
 Organic Apple Sauce

**\$3<sup>79</sup>**

6/4 oz



Stretch Island  
 Original  
 Fruit Leather

**2/\$1**

.5 oz



Barbara's  
 Puffins Cereal

**\$3<sup>69</sup>**

11 oz



Brown Cow  
 Whole Milk  
 Cream Top  
 Yogurt

**89¢**

5.3 oz



SeaSnax  
 Organic Grab  
 & Go Roasted  
 Seaweed Snack

**\$1<sup>19</sup>**

.18 oz



Arrowhead Mills  
 Buttermilk  
 Pancake Mix

**\$3<sup>79</sup>**

26 oz



Purely Elizabeth  
 Ancient Grain  
 Granola

**\$5<sup>69</sup>**

12 oz



Annie's Homegrown  
 Cracker Bunnies  
 (selected varieties)

**2/\$5**

7-7.5 oz



So Delicious  
 Cultured CoconutMilk  
 Yogurt

**\$1<sup>79</sup>**

5.3 oz



Late July  
 Clasico  
 Tortilla Chips

**2/\$5**

5.5 oz



Glutino  
 Gluten Free  
 Pretzel Twists

**\$4<sup>29</sup>**

14.1 oz





Julie's Organic  
Organic Ice Cream  
Sandwiches

**\$4<sup>79</sup>**

6/3.65 oz



Follow Your Heart  
Grapeseed Oil  
Vegenaise

**\$4<sup>99</sup>**

16 oz



Cascadian Farm Organic  
Organic Cereal  
(selected varieties)

**2/\$6**

9.2-14.6 oz



So Delicious  
Mini  
CoconutMilk  
Bars

**\$4<sup>29</sup>**

4/2.3 oz



Udi's  
Gluten Free  
Bread

**\$4<sup>29</sup>**

12-14.3 oz



Justin's Nut Butter  
Single Squeeze  
Almond Butter

**4/\$5**

1.15 oz



Hail Merry  
Miracle Tarts

**\$3<sup>29</sup>**

3 oz



Santa Cruz  
Organic  
Peanut Butter

**\$4<sup>99</sup>**

16 oz



Crofter's Organic  
Organic Premium  
Spread

**\$4<sup>49</sup>**

16.5 oz



Jackson's Honest  
Sweet Potato  
Chips

**2/\$6**

5 oz



Honest Tea  
Organic Iced Tea

**4/\$5**

16 oz



Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of August.





Koyo  
Ramen

**89¢**  
2-2.1 oz



Ancient Harvest  
Organic Gluten Free  
Quinoa

**\$5<sup>49</sup>**  
12 oz



Go Veggie  
Vegan Grated  
Parmesan Style  
Topping  
**\$3<sup>19</sup>**  
4 oz



Annie's Homegrown  
Mac & Cheese  
(selected varieties)

**4/\$5**  
6 oz



Maya Kaimal  
Simmer Sauce

**\$3<sup>99</sup>**  
12.5 oz



Organic Valley  
Organic Shredded Cheese

**\$4<sup>29</sup>**  
6 oz



Gardein  
7 Grain Crispy  
Tenders

**\$3<sup>79</sup>**  
9 oz



Nature's Way  
Liquid  
Coconut Oil

**\$10<sup>49</sup>**  
10 oz



The Greek Gods  
Greek Yogurt

**\$3<sup>29</sup>**  
24 oz



Nutiva  
Organic Virgin  
Coconut Oil

**\$13<sup>99</sup>**  
23 oz



Taste Nirvana  
Coconut Water

**\$1<sup>79</sup>**  
9.5 oz



KeVita  
Organic Sparkling  
Probiotic Drink

**2/\$5**  
15.2 oz



Wild Planet  
Wild Sardines

**\$2<sup>19</sup>**  
4.375 oz



Guayaki  
Organic  
Yerba Mate

**2/\$4**  
15.5 oz



Wallaby  
Organic  
Greek Yogurt

**\$5<sup>99</sup>**  
32 oz



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Good Health  
Avocado Oil  
Potato Chips

**2/\$5**  
5 oz



Glee Gum  
Chewing Gum

**99¢**  
16 ct



GoMacro  
Organic MacroBar

**\$2<sup>19</sup>**  
2-2.5 oz



Erewhon  
Organic  
Cereal

**\$3<sup>99</sup>**  
10 oz



YumEarth  
Gluten Free  
Licorice

**2/\$6**  
5 oz



Clif Bar  
Nut Butter  
Filled Bar

**\$1<sup>39</sup>**  
1.76 oz



Food Should Taste Good  
Tortilla Chips

**2/\$4**  
5.5 oz



free2b  
Chocolate Cups

**\$1<sup>69</sup>**  
1.5 oz



Essentia  
Water

**\$1<sup>69</sup>**  
1 lt



Dang  
Coconut Chips

**\$3<sup>29</sup>**  
3.17 oz



Three Twins  
Organic Ice Cream Cup

**2/\$3**  
5 oz



Garden of Eatin'  
Red Hot Blues

**\$2<sup>79</sup>**  
8.1 oz



Nature's Bakery  
Fig Bar

**69¢**  
2 oz



Bellwether Farms  
Sheep's Milk Yogurt

**\$1<sup>79</sup>**  
6 oz

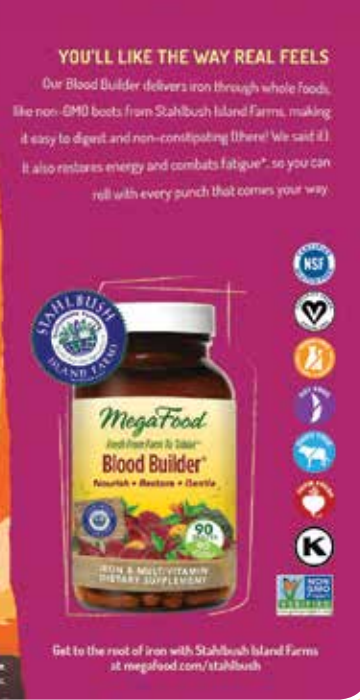


Peter Rabbit Organics  
Organic Baby  
Food Pouch

**2/\$3**  
4 oz







**\$18<sup>99</sup>**

60 tab

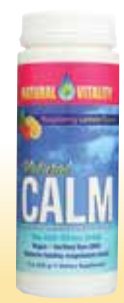
Natural Factors  
BioSil® Hair, Skin, Nails



**\$26<sup>99</sup>**

60 vcap

Natural Vitality  
Calm



**\$15<sup>99</sup>**

8 oz

## Reserveage Nutrition Collagen Replenish



**\$19<sup>99</sup>**

2.75 oz

New Chapter  
Turmeric Force™



**\$23<sup>99</sup>**

60 cap

## Hyland's Calm 'n Restful 4 Kids



**\$6<sup>49</sup>**

125 tab

Solaray  
D-Mannose  
w/CranActin



**\$17<sup>99</sup>**

60 ct

Nutrition Now  
PB 8® Pro-Biotic



\$99

60 ct

# Nordic Naturals Complete Omega Junior



**\$15<sup>99</sup>**

90 ct

Carlson  
Very Finest  
Fish Oil



**\$18<sup>99</sup>**

6.7 oz

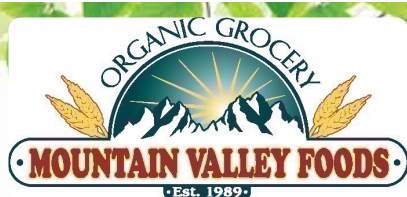
## Rainbow Light Probiolicious Probiotic Gummies



**\$16<sup>99</sup>**

50 ct

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Garden of Life  
Organic  
RAW Fit

**\$33<sup>99</sup>**

14.8-16 oz



Xlear  
Toothpaste

**\$4<sup>29</sup>**

5 oz



Boiron  
Arnica Gel

**\$8<sup>49</sup>**

2.6 oz



Vibrant Health  
Green Vibrance

**\$36<sup>99</sup>**

12.8 oz



RADIUS  
Source  
Toothbrush

**\$6<sup>49</sup>**

1 ct



Thayers  
Witch Hazel

**\$7<sup>99</sup>**

12 oz



MyChelle Dermaceuticals  
Sun Shield SPF 28

**\$15<sup>99</sup>**

2.3 oz



Dr. Bronner's  
Organic Toothpaste

**\$4<sup>99</sup>**

5 oz



Preserve  
Triple Razor  
Replacement  
Blades

**\$5<sup>99</sup>**

4 ct



Seventh Generation  
Dish Liquid

**\$3<sup>19</sup>**

25 oz



CleanWell  
Natural Hand  
Sanitizer Spray

**\$2<sup>29</sup>**

1 oz



Nature's Gate  
Lotion

**\$6<sup>99</sup>**

18 oz



Mrs. Meyer's Clean Day  
Liquid Dish Soap

**\$3<sup>59</sup>**

16 oz



EO  
Everyone Soap

**\$7<sup>49</sup>**

32 oz



Giovanni  
Tea Tree Triple Treat  
Shampoo &  
Conditioner

**\$6<sup>49</sup>**

8.5 oz





"With every book, you go back to school. You become a student. You become an investigative reporter. You spend a little time learning what it's like to live in someone else's shoes." **Unknown**



**Independent Choice™** specials are available at members of the Independent Natural Food Retailers Association store locations:

#### ALASKA

##### **Natural Pantry**

3680 Barrow St, Anchorage

##### **Rainbow Foods**

224 4th St, Juneau

#### COLORADO

##### **The Crunchy Grocer**

1461 E. Eisenhower, Loveland

#### IDAHO

##### **Pilgrim's Market**

1316 N 4th St, Coeur d' Alene

##### **Wealth of Health**

##### **Natural Market**

120 S Woodruff Ave, Idaho Falls

#### WINTER RIDGE

##### **Natural Foods Market**

703 W Lake St, Sandpoint

#### MONTANA

##### **2J's Fresh Market**

105 Smelter Ave NE, Great Falls

##### **Camas Food Store**

300 Main St, Hot Springs

##### **Good Food Store**

1600 S 3rd St W, Missoula

##### **Heaven's Peak Organics**

355 Hwy 93 N, Eureka

##### **Hennessy Market**

32 E Granite St, Butte

##### **Mission Mountain**

##### **Natural Foods**

319 Main St, Polson

#### **Mountain Valley Foods**

25 Commons Way, Kalispell

##### **Real Food Market & Deli**

1096 Helena Ave, Helena

##### **Third Street Market**

244 Spokane Ave, Whitefish

#### OREGON

##### **LifeSource Natural Foods**

2649 Commercial St SE, Salem

##### **Nature's Pantry**

##### **Natural Foods**

1907 4th St, La Grande

##### **Oregon Natural Market**

373 SW 1st St, Ontario

##### **Sundance Natural Foods**

748 E 24th Ave, Eugene

#### WASHINGTON

##### **Bear Foods Natural Market**

125 E Woodin Ave, Chelan

##### **Blossom Grocery**

295 Village Rd, Lopez Island

##### **Farm Fresh Market**

2010 Black Lake Blvd SW, Olympia

##### **Meyers Falls Market**

160 E Third St, Kettle Falls

##### **Rocket Market**

726 E 43rd, Spokane

##### **The Woolley Market**

829 Metcalf St, Sedro-Woolley

#### WYOMING

##### **Good Health Market**

1821 S Sheridan Ave, Sheridan