



April 2017

25 Commons Way, Kalispell
Phone (406) 756-1422
Web <http://mountainvalleyfoods.com>

So Delicious
Organic Coconutmilk

\$3²⁹

64 oz



Earth Balance
Buttery Spreads

\$3⁷⁹

13-15 oz



Nature's Path
Organic
EnviroKidz
Cereal

\$3⁴⁹

10-14 oz



R.W. Knudsen
Simply Nutritious
Juice

\$3¹⁹

32 oz



Yogi
Tea
(selected varieties)

2/\$7

16 ct



Green Valley Organics
Organic Lactose
Free Lowfat Kefir

\$4⁷⁹

32 oz



One Degree Organics
Organic Veganic
Sprouted Cereals

\$3⁹⁹

8-12 oz



Sambazon
Organic Açaí Superfruit
Packs

\$5⁷⁹

4/100g



Organic Valley
Organic Cultured Butter

\$5⁶⁹

1 lb



Annie's Homegrown
Organic Bunny
Fruit Snacks

2/\$6

4 oz



Did you know...

Each year, more than 1 billion people participate in Earth Day activities globally, making it the largest civic observance in the world.

Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of April.



Amy's
Burrito
(selected varieties)

2/\$5
6 oz



Beanitos
Bean Chips

2/\$5
5.5-6 oz



Santa Cruz Organic
Organic Apple Sauce

\$3⁷⁹
6/4 oz



Daiya
Dairy Free
Shreds

\$3⁷⁹
7.1-8 oz



Organic Valley
Organic Mozzarella
Cheese

\$4⁹⁹
8 oz



Brown Cow
Cream Top Yogurt

79¢
6 oz



Stretch Island
Original
Fruit Leather

2/\$1
.5 oz



Annie's Homegrown
Bunnies Crackers
(selected varieties)

2/\$5
7-7.5 oz



Barbara's
Shredded
Wheat Cereal

\$3⁴⁹
13 oz



Essentia
Water

\$2¹⁹
1.5 ltr



Rudi's Bakery
Organic Bread
(selected varieties)

\$3⁹⁹
20-24 oz



Silk
Almondmilk

\$3⁸⁹
64 oz



Clif Bar
Kit's Organic Bar

2/\$3
1.62-1.76 oz



Angie's
BoomChickaPop
Popcorn

2/\$6
4.4-7 oz



Lily's
Stevia Sweetened
Chocolate Bar

\$3²⁹
3 oz



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endangered species
Chocolate

INDULGE IN A CAUSE™



FIRST
AMERICAN-MADE
CHOCOLATE
USING FULLY TRACEABLE
FAIRTRADE COCOA FROM
WEST AFRICA

See for yourself how better
sourcing supports farmers.

CHOCOLATEBAR.COM/INFRA

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Trademark of Endangered Species Chocolate, LLC.

Endangered Species
Chocolate Bar

\$2²⁹

3 oz



Bob's Red Mill
Almond
Meal Flour

\$9⁷⁹

16 oz



Let's Do...Organic
Organic
Coconut Flakes

\$2⁷⁹

7 oz



Wholesome!
Organic Molasses

\$4⁷⁹

16 oz



Surf Sweets
Candy

\$1⁷⁹

2.75 oz



Navitas
Organic
Cacao Powder

\$6⁹⁹

8 oz



So Delicious
CocoWhip

\$3¹⁹

9 oz



Immaculate Baking
Organic Cinnamon Rolls

\$4⁶⁹

5 ct



ProBar
Base 20g Protein Bar

\$2²⁹

2.46 oz



Three Twins
Organic
Ice Cream

\$4¹⁹

16 oz





Hilary's Eat Well
Organic
Veggie Burger

\$3¹⁹
6.4 oz



Field Roast
Vegan Chao
Slices

\$4⁴⁹
7 oz



Follow Your Heart
Soy Free
Vegenaise

\$4⁷⁹
16 oz



Bubbies
Kosher
Dill Pickles

\$6²⁹
33 oz



Kettle
Organic
Potato Chips

\$2²⁹
5 oz



Cascadian Farm Organic
Organic
Potatoes

2/\$5
16 oz



Organic Valley
Organic
Shredded
Cheese

\$4²⁹
6 oz



Pacific
Organic
Free Range
Chicken Broth

\$3²⁹
32 oz



Muir Glen
Organic
Tomatoes
(selected varieties)

2/\$4
28 oz



SHARING ORGANIC GOODNESS SINCE 1972

45 years of tradition, now a growing trend

CELEBRATING 45 years of organic farming

FOUNDED IN SKAGIT VALLEY, WA
Cascadian Farm
ORGANIC
SINCE 1972



Annie's Homegrown
Organic
Mac & Cheese
(selected varieties)

2/\$5
5.5-6 oz



Orgain
Organic Plant
Based Shake

\$2⁴⁹
11 oz



KeVita
Organic Master
Brew Kombucha

2/\$5
15.2 oz



Lightlife
Organic Tempeh

\$2⁵⁹
8 oz



Chobani
Nonfat Greek Yogurt

4/\$5
5.3 oz



Food Should Taste Good
Tortilla Chips

2/\$5
4.5-5.5 oz



Lakewood
Organic Pure
Beet Juice

\$5⁴⁹
32 oz



Talenti
Gelato and
Sorbetto

\$4⁴⁹
16 oz



Peace Cereal
Cereal

\$3⁶⁹
10-12 oz



Wallaby
Organic
Greek Yogurt

\$5⁹⁹
32 oz



Amazing Grass
Organic
Wheat Grass

\$17⁹⁹
8.5 oz



Manitoba Harvest
Hemp Hearts

\$7⁴⁹
8 oz



Epic
Meat Bar

\$2²⁹
1.5 oz



Wild Planet
Wild Sardines

\$2¹⁹
4.375-4.4 oz



Castor & Pollux
Good Buddy
Beef Jerky
Dog Treats

\$3⁵⁹
3.5 oz



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our family



Our family's commitment to stay true to our roots has never wavered. Since 1989, Biokleen's vision of producing powerfully effective, plant-based cleaners continues today with a passion for innovation, dedication to performance, and a guiding commitment to our planet.

biokleen
www.biokleenhome.com



*Husband and wife team,
Barry and Cindy with their kids*



JASON Sea Fresh Toothpaste

\$4⁹⁹

6 oz



Spry Oral Rinse

\$4⁹⁹

16 oz



Biokleen Laundry Liquid (selected varieties)

\$9⁴⁹

64 oz



Seventh Generation Dish Liquid

\$3²⁹

22-25 oz



Dr. Bronner's Organic Castile Liquid Soap

\$13⁷⁹

32 oz



Ecover Stain Remover

\$4¹⁹

6.8 oz



ECOS Laundry Detergent (selected varieties)

\$9⁷⁹

100 oz



Acure Day Cream

\$13⁴⁹

1.7 oz



Preserve Triple Razor System

\$5⁹⁹

1 ct



Kiss My Face Liquid Rock Roll On Deodorant

\$4²⁹

3 oz



Alaffia EveryDay Shea Body Lotion

\$9²⁹

32 oz





Vega
Vega One
Nutritional Shake

\$2⁹⁹

1.6 oz



Garden of Life
Perfect Food
Alkalizer &
Detoxifier

\$29⁹⁹

285 g



Vibrant Health
Green Vibrance
30 day

\$37⁹⁹

12.8 oz



Reserveage Nutrition
Resveratrol 250mg

\$33⁹⁹

60 ct



Renew Life
Cleanse More

\$14⁹⁹

60 cap



Irwin Naturals
Ginkgo Smart
Maximum Focus
& Memory

\$16⁹⁹

60 ct



Natural Factors
Whey Factors®
Whey Protein

\$18⁹⁹

12 oz



MegaFood
Women Over 40™
One Daily

\$27⁹⁹

60 tab



Jarrow Formulas
Bone-Up

\$17⁹⁹

240 cap



Tom's Of Maine
Silly Strawberry
Children's
Toothpaste

\$3⁹⁹

4.2 oz



Hyland's
Leg Cramps

\$10⁷⁹

100 tab



Nordic Naturals
Lemon Ultimate
Omega

\$21⁹⁹

60 ct



Himalaya
Neem &
Pomegranate
Toothpaste

\$4⁷⁹

200 g



Similasan
Allergy
Eye Relief

\$10⁴⁹

.33 oz



Boiron
Arnicare® Gel

\$8⁴⁹

2.6 oz



"Better a witty fool than a foolish wit"
William Shakespeare



Independent Choice™ specials are available at members of the Independent Natural Food Retailers Association store locations:

ALASKA

Natural Pantry
 3680 Barrow St, Anchorage

Rainbow Foods
 224 4th St, Juneau

COLORADO

The Crunchy Grocer
 1461 E. Eisenhower, Loveland

IDAHO

Pilgrim's Market
 1316 N 4th St, Coeur d' Alene

**Wealth of Health
 Natural Market**
 120 S Woodruff Ave, Idaho Falls

**Winter Ridge
 Natural Foods Market**
 703 W Lake St, Sandpoint

MONTANA

2J's Fresh Market
 105 Smelter Ave NE, Great Falls

Camas Food Store
 300 Main St, Hot Springs

Good Food Store
 1600 S 3rd St W, Missoula

Heaven's Peak Organics
 355 Hwy 93 N, Eureka

Hennessy Market
 32 E Granite St, Butte

**Mission Mountain
 Natural Foods**
 319 Main St, Polson

Mountain Valley Foods
 25 Commons Way, Kalispell

Real Food Market & Deli
 1096 Helena Ave, Helena

Third Street Market
 244 Spokane Ave, Whitefish

OREGON

LifeSource Natural Foods
 2649 Commercial St SE, Salem

**Nature's Pantry
 Natural Foods**
 1907 4th St, La Grande

Oregon Natural Market
 373 SW 1st St, Ontario

Sundance Natural Foods
 748 E 24th Ave, Eugene

WASHINGTON

Bear Foods Natural Market
 125 E Woodin Ave, Chelan

Blossom Grocery
 295 Village Rd, Lopez Island

Farm Fresh Market
 2010 Black Lake Blvd SW, Olympia

Meyers Falls Market
 160 E Third St, Kettle Falls

Rocket Market
 726 E 43rd, Spokane

The Woolley Market
 829 Metcalf St, Sedro-Woolley

WYOMING

Good Health Market
 1821 S Sheridan Ave, Sheridan