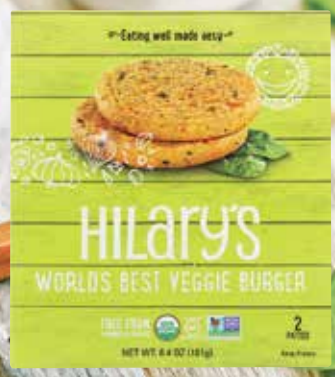


Hilary's  
 Organic Veggie Burgers



**\$2<sup>99</sup>**  
 2/3.2 oz



Alden's  
 Organic Ice Cream



**\$5<sup>99</sup>**  
 48 oz

Annie's Naturals  
 Organic Ketchup



**2/\$5**  
 24 oz

Alexia  
 Organic Yukon Fries



**\$2<sup>79</sup>**  
 15 oz

Zevia  
 Zero Calorie Soda



**\$4<sup>29</sup>**  
 6/12 oz

Organic Valley  
 Organic Grassmilk  
 Raw Sharp  
 Cheddar Cheese



**\$6<sup>99</sup>**  
 8 oz

Woodstock  
 Organic Sliced Pickles



**\$4<sup>59</sup>**  
 24 oz

Earth Balance  
 Organic Vegan  
 Buttery Spread



**\$3<sup>99</sup>**  
 13 oz

Late July  
 Organic  
 Restaurant Style  
 Tortilla Chips



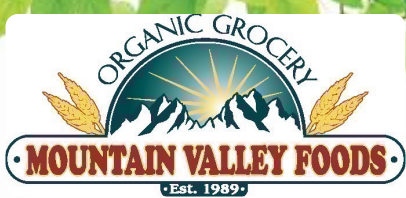
**2/\$6**  
 11 oz

Hope Foods  
 Organic Hummus



**\$3<sup>29</sup>**  
 8 oz

**Did you know...**  
 In addition to being National Ice Cream Month, July also claims National Ice Cream Day on the third Sunday of the month. Both occasions were made official in 1984 by President Reagan.



Muir Glen  
Organic  
Pasta Sauce



**2/\$6**

25.5 oz

Napa Valley Naturals  
Organic Cold  
Pressed Extra  
Virgin Olive Oil



**\$10<sup>99</sup>**

25.4 oz

Annie's Naturals  
Organic  
Dressing



**\$3<sup>19</sup>**

8 oz

Ancient Harvest  
Organic Supergrain  
Gluten Free Pasta



**2/\$5**

8 oz

Tofurky  
Italian Sausage



**\$3<sup>79</sup>**

14 oz

Organicville  
Organic  
Sriracha Sauce



**\$5<sup>99</sup>**

18.5 oz

Beyond Meat  
Beef-Free  
Crumble



**\$3<sup>99</sup>**

10 oz

Tasty Bite  
Indian  
Entrees



**\$2<sup>69</sup>**

10 oz

Mori Nu  
Organic  
Firm Tofu



**\$1<sup>89</sup>**

12.3 oz

Annie's Homegrown  
Organic Mac & Cheese  
(selected varieties)



**2/\$3**

6 oz

Lightlife  
Organic Tempeh



**2/\$5**

8 oz

Bragg  
Liquid Aminos



**\$3<sup>79</sup>**

16 oz

Sunshine Burgers  
Organic  
Vegan  
Burgers



**\$3<sup>99</sup>**

3/2.67 oz

Kettle  
Potato Chips



**2/\$5**

5 oz

Angie's  
BoomChickaPop  
Popcorn



**\$2<sup>59</sup>**

4.4-7 oz

Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of July.

**MAKING A DIFFERENCE  
 — THE —  
 STONYFIELD WAY**



Beyond being USDA certified organic, here are other ways we're making a difference:

- PROUD TO B**  
 We're a Certified B Corporation, meeting rigorous standards for social & environmental performance.
- NOT ONES TO WASTE**  
 We're striving for net zero carbon emissions by 2019.
- JUST SWEET ENOUGH**  
 We're committed to using 25% less sugar, and working towards eliminating all added sugar from our baby products.

Stonyfield Organic Yogurt

**\$3<sup>29</sup>**

32 oz



Sambazon Organic Açai Smoothie Packs

**\$5<sup>79</sup>**

4/100 g



Organic Valley Organic Half and Half

**\$2<sup>79</sup>**

16 oz



Santa Cruz Organic Organic Lemonade

**\$2<sup>19</sup>**

32 oz



Annie's Homegrown Organic Graham Crackers

**\$3<sup>79</sup>**

14.4 oz



Talenti Gelato & Sorbetto

**\$4<sup>49</sup>**

1 pt



C2O Coconut Water

**\$1<sup>79</sup>**

17.5 oz



Dandies Vanilla Marshmallows

**\$3<sup>69</sup>**

10 oz



Three Twins Organic Ice Cream

**\$4<sup>19</sup>**

16 oz



R.W. Knudsen Organic Just Tart Cherry Juice

**\$6<sup>19</sup>**

32 oz



Endangered Species Chocolate Bar

**\$2<sup>29</sup>**

3 oz



Amy & Brian  
 Coconut Water



**\$2<sup>19</sup>**

17.5 oz

GoodBelly  
 Probiotic  
 JuiceDrink



**\$2<sup>99</sup>**

32 oz

amy & brian  
 family owned and operated since 2001  
[www.amyandbriannaturals.com](http://www.amyandbriannaturals.com)

From the farms of Thailand to your refreshed lips, Amy & Brian has been providing premium coconut water since 2001. Named after the founder's children, at Amy & Brian, it's all about family. That means we care about your well-being as a loving family would and only provide what's good for you.

We inspire you to live passionately while following your dreams, embracing community and striving to **#BeBetter** in all that you are and do.

- Gluten Free
- Cholesterol Free
- Fat Free
- BPA Free
- Never from concentrate
- No preservatives
- No added sugar
- Nothing artificial

AMY & BRIAN  
 NON GMO Project VERIFIED

Chameleon Cold-Brew  
 Organic Ready To Drink  
 Coffee



**\$3<sup>19</sup>**

10 oz

Nature's Path  
 Organic  
 Toaster Pastries



**2/\$6**

11 oz

Larabar  
 Fruit & Nut Bar



**5/\$5**

1.6-1.8 oz

Tanka  
 Meat Bar



**\$2<sup>29</sup>**

1 oz

The Ginger People  
 Gin Gins®  
 Ginger Candy



**\$1<sup>89</sup>**

3 oz

EPIC  
 Meat Bar



**\$2<sup>29</sup>**

1.3-1.5 oz

Health Warrior  
 Chia Bars



**\$1<sup>19</sup>**

.88 oz

Way Better Snacks  
 Tortilla Chips



**\$2<sup>59</sup>**

5.5 oz

Clif Bar  
 Energy Bar



**\$1<sup>19</sup>**

2.4 oz



Taste Nirvana  
Coconut Water



**\$2<sup>19</sup>**

16.2 oz

Orgain  
Organic Plant  
Based Shakes



**\$2<sup>49</sup>**

11 oz

Natural Factors  
Whey Factors®  
Drink Mix



**\$16<sup>99</sup>**

12 oz

Mountain Valley  
Spring Water



**\$1<sup>79</sup>**

1 lt

So Delicious  
Organic  
Coconutmilk



**\$2<sup>99</sup>**

64 oz

Vega  
Sport  
Performance  
Protein



**\$39<sup>99</sup>**

28.3-29.2 oz

Lifefactory  
Glass Bottle with  
Active Flip Cap



**\$17<sup>99</sup>**

22 oz

Tea Tree Therapy  
Tea Tree  
Toothpicks



**\$2<sup>79</sup>**

100 ct

Amazing Grass  
Wheat Grass



**\$18<sup>99</sup>**

8.5 oz

VEGA SPORT® PROTEIN SMOOTHIE

# BLUEBERRY ORANGE

- 1 scoop Vega Sport Protein Vanilla
  - 1 whole orange, peeled
  - 1 cup frozen blueberries
  - 1 cup So Delicious® Coconutmilk Beverage
- Blend until smoothie.*



For more recipes visit [myvega.com](http://myvega.com)





Schmidt's  
Deodorant  
Sticks  
(selected varieties)

**\$7<sup>49</sup>**

3.25 oz



Nourish  
Organic  
Deodorant

**\$6<sup>99</sup>**

2.2 oz



New Chapter  
Bone Strength  
Take Care™

**\$38<sup>99</sup>**

120 tab



Garden of Life  
MyKind Organics  
Women's Once  
Daily Multi

**\$21<sup>99</sup>**

30 tab



Sovereign Silver  
Bio-Active Silver  
Hydrosol with  
10 Ppm Dropper

**\$11<sup>99</sup>**

2 oz



Gaia Herbs  
Turmeric Supreme  
Extra Strength

**\$17<sup>99</sup>**

60 cap



MegaFood  
Blood Builder

**\$11<sup>99</sup>**

30 tab



Nature's Plus  
Animal Parade  
Assorted  
Chewables

**\$17<sup>99</sup>**

180 ct



Terry Naturally  
Curamin  
Extra Strength

**\$37<sup>99</sup>**

60 tab



Jarrow Formulas  
Bone-Up

**\$17<sup>99</sup>**

240 cap



Nature's Way  
Primadophilus®  
Kids

**\$7<sup>49</sup>**

30 tab



**#1** SELLING SILVER in the U.S.

**3,703** the average number of minor wounds a person gets in a lifetime.

**ARE YOU PREPARED?**

- REDUCES TOPICAL PAIN
- FIGHTS MINOR SKIN INFECTION
- CALMS SKIN INFLAMMATION
- PROMOTES HEALING OF THE SKIN

The Natural Answer To Your Topical Needs. Also, look for Sovereign Silver BioActive Silver Hydrosol™ for daily immune support.\*

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\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease. ©OnePoll, July 2013



Boiron  
Arnica Gel



**\$5<sup>49</sup>**

1.5 oz

Bach  
Rescue Remedy



**\$17<sup>99</sup>**

20 ml

Dr. Tung's  
Smart Floss



**\$3<sup>49</sup>**

30 yds

Andalou Naturals  
Argan Oil & Shea  
Shampoo and  
Conditioner



**\$7<sup>29</sup>**

11.5 oz

Herbs, Etc.  
Deep Sleep®



**\$17<sup>99</sup>**

60 sgel

Himalaya  
Neem &  
Pomegranate  
Toothpaste



**\$4<sup>99</sup>**

200 g

ShiKai  
Moisturizing  
Shower Gel



**\$6<sup>99</sup>**

12 oz

Mineral Fusion  
Nail Polish  
Remover



**\$5<sup>99</sup>**

6 oz

Biokleen  
Laundry Liquid



**\$9<sup>99</sup>**

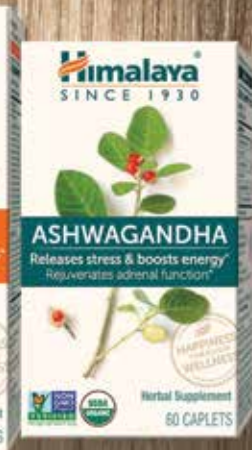
64 oz



## WELLNESS from the **GROUND UP**

Your wellness journey begins with a seed. We craft our herbs believing your wellness begins in the soil, within you, and can spread to all things. Planting the hope of your wellness has been the root of everything we do for more than 85 years. Our commitment to wellness begins and ends with you.

Start your journey at [himalayausa.com](http://himalayausa.com)



\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, CURE, OR PREVENT ANY DISEASE.

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"A perfect summer day is when the sun is shining, the breeze is blowing, the birds are singing, and the lawn mower is broken." **James Dent**



**Independent Choice™** specials are available at members of the Independent Natural Food Retailers Association store locations:

**ALASKA**

**Natural Pantry**  
 3680 Barrow St, Anchorage

**Rainbow Foods**  
 224 4th St, Juneau

**COLORADO**

**The Crunchy Grocer**  
 1461 E. Eisenhower, Loveland

**IDAHO**

**Pilgrim's Market**  
 1316 N 4th St, Coeur d' Alene

**Wealth of Health  
 Natural Market**  
 120 S Woodruff Ave, Idaho Falls

**Winter Ridge  
 Natural Foods Market**  
 703 W Lake St, Sandpoint

**MONTANA**

**2J's Fresh Market**  
 105 Smelter Ave NE, Great Falls

**Camas Food Store**  
 300 Main St, Hot Springs

**Good Food Store**  
 1600 S 3rd St W, Missoula

**Heaven's Peak Organics**  
 355 Hwy 93 N, Eureka

**Hennessy Market**  
 32 E Granite St, Butte

**Mission Mountain  
 Natural Foods**  
 319 Main St, Polson

**Mountain Valley Foods**  
 25 Commons Way, Kalispell

**Real Food Market & Deli**  
 1096 Helena Ave, Helena

**Third Street Market**  
 244 Spokane Ave, Whitefish

**OREGON**

**LifeSource Natural Foods**  
 2649 Commercial St SE, Salem

**Nature's Pantry  
 Natural Foods**  
 1907 4th St, La Grande

**Oregon Natural Market**  
 373 SW 1st St, Ontario

**Sundance Natural Foods**  
 748 E 24th Ave, Eugene

**WASHINGTON**

**Bear Foods Natural Market**  
 125 E Woodin Ave, Chelan

**Blossom Grocery**  
 295 Village Rd, Lopez Island

**Farm Fresh Market**  
 2010 Black Lake Blvd SW, Olympia

**Meyers Falls Market**  
 160 E Third St, Kettle Falls

**Rocket Market**  
 726 E 43rd, Spokane

**The Woolley Market**  
 829 Metcalf St, Sedro-Woolley

**WYOMING**

**Good Health Market**  
 1821 S Sheridan Ave, Sheridan